FORM NO. MGT-7

Form language

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

(vi) *Whether shares listed on recognized Stock Exchange(s)



Annual Return

Refer	the instruction kit for filing the forn	1.			
I. RE	EGISTRATION AND OTHER	DETAILS			
(i) * C	orporate Identification Number (CI	N) of the company	L52110	DL1985PLC020059 Pre-fill	
G	Global Location Number (GLN) of the	ne company			
* F	Permanent Account Number (PAN)	of the company	AAACS4321L		
(ii) (a) Name of the company		SOPHIA	EXPORTS LIMITED	
(b) Registered office address				
1	4973/201 PAHTAK BADALBAGEHAUZ DELHI Central Delhi Delhi 110006	- -			
(c) *e-mail ID of the company		info@sc	ophiaexport.com	
(d) *Telephone number with STD co	de	011430	41455	
(e) Website		www.sophiaexport.com		
(iii)	Date of Incorporation		05/02/1	1985	
iv)	Type of the Company	Category of the Company		Sub-category of the Company	
	Public Company	Company limited by shar	es	Indian Non-Government company	
v) Wh	nether company is having share ca	pital	es (○ No	

Yes

O No

a)	Details	s of	stock	exc	hanges	where	e sh	ares	are I	iste	d

S. No.	Stock Exchange Name	Code
1	METROPOLITAN STOCK EXCHANGE OF INDIA LIMITED	1

(t	o) CIN of the Registrar and	Transfer Agent		U74140W	/B1991PTC053081	Pre-fill
	Name of the Registrar and	_		07111011	515511 10055001	
,	ABS CONSULTANT PVT.LTD.					
F	Registered office address of	f the Registrar and Transf	er Agents			
	4 B B D BAG (EAST), STEPHEN R.NO.99, 6TH FLOOR,	HOUSE,				
vii) *F	Financial year From date)1/04/2019 (DI	D/MM/YYYY)	To date	31/03/2020	(DD/MM/YYYY)
viii) *¹	Whether Annual general m	eeting (AGM) held	Ye	es C	No	
(;	a) If yes, date of AGM	30/09/2020				
(I	b) Due date of AGM	30/09/2020				
(0	c) Whether any extension f	or AGM granted		Yes	No	
I. PF	RINCIPAL BUSINESS	ACTIVITIES OF THE	COMPAN	Y		
	*Number of business activ	vities 1				

	Main Activity group code		Business Activity Code	,	% of turnover of the company
1	G	Trade	G1	Wholesale Trading	100

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

		1	
*No. of Companies for which information is to be given	0		Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	3,853,500	3,853,500	3,853,500	3,853,500
Total amount of equity shares (in Rupees)	38,535,000	38,535,000	38,535,000	38,535,000

Number of classes 1

Class of Shares	Authoricad	icaonai	Subscribed capital	Paid up capital
Number of equity shares	3,853,500	3,853,500	3,853,500	3,853,500
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	38,535,000	38,535,000	38,535,000	38,535,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes 0

Class of shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)		0		

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Number of shares	Total nominal amount	Total Paid-up amount	Total premium
Equity shares				
At the beginning of the year	3,853,500	38,535,000	38,535,000	

Increase during the year	0	0	0	0
i. Pubic Issues	0	0	0	0
ii. Rights issue	0	0	0	0
iii. Bonus issue	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0
v. ESOPs	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0
vii. Conversion of Preference share	0	0	0	0
viii. Conversion of Debentures	0	0	0	0
ix. GDRs/ADRs	0	0	0	0
x. Others, specify	1			
Decrease during the year	0	0	0	0
i. Buy-back of shares	0	0	0	0
ii. Shares forfeited	0	0	0	0
iii. Reduction of share capital	0	0	0	0
iv. Others, specify				
At the end of the year	3,853,500	38,535,000	38,535,000	
Preference shares				
At the beginning of the year	0	0	0	
Increase during the year	0	0	0	0
i. Issues of shares	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0
iii. Others, specify				
Decrease during the year	0	0	0	0
i. Redemption of shares	0	0	0	0

ii. Shares forfeited			0	0		0	0
iii. Reduction of share capit	al		0	0		0	0
iv. Others, specify							
At the end of the year			0	0		0	
(ii) Details of stock split/	consolidation during the	year (for eac	ch class of	shares)	0		
Class o	f shares	(i)		(ii)		(iii)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						
Consolidation	Face value per share						
✓ Nil [Details being proSeparate sheet at	vided in a CD/Digital Meditached for details of transf	a] fers	0	Yes (No No		Applicable n in a CD/Digital
Date of the previous	s annual general meetin	g					
Date of registration	of transfer (Date Month	Year)					
Type of transf	er	1 - Equity	, 2- Prefer	ence Share	s,3 - Debe	ntures, 4	- Stock
Number of Shares/ Units Transferred	Debentures/			t per Share :ure/Unit (in			
Ledger Folio of Tra	nsferor						

Transferor's Name						
	Surname	middle name	first name			
Ledger Folio of Trans	sferee					
Transferee's Name						
	Surname	middle name	first name			
Date of registration of transfer (Date Month Year)						
Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock						
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)				
Ledger Folio of Trans	sferor					
Transferor's Name						
	Surname	middle name	first name			
Ledger Folio of Trans	sferee					
Transferee's Name						
	Surname	middle name	first name			

(iv) *Indebtedness including debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Secured Loans (including interest outstanding/accrued but not due for payment) excluding deposits			0
Unsecured Loans (including interest outstanding/accrued but not due for payment) excluding deposits			0
Deposit			0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

Type of Securities		Paid up Value of each Unit	Total Paid up Value
Total			

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

/i۱	т.	irnover
		11 11C)VHI

28,464,000

(ii) Net worth of the Company

127,535,725

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equity	Preference

		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	560,000	14.53	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	560,000	14.53	0	0

Total number	of shareholders	(promoters)
--------------	-----------------	-------------

2	
---	--

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	1,633,400	42.39	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	

2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	1,660,100	43.08	0	
10.	Others	0	0	0	
	Total	3,293,500	85.47	0	0

Total number of shareholders (other than promoters)	333
Total number of shareholders (Promoters+Public/ Other than promoters)	335

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year	
Promoters	2	2	
Members (other than promoters)	333	333	
Debenture holders	0	0	

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year		Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive

A. Promoter	0	2	0	2	0	4.93
B. Non-Promoter	0	2	0	2	0	0
(i) Non-Independent	0	0	0	0	0	0
(ii) Independent	0	2	0	2	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	0	4	0	4	0	4.93

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date | 7

7

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
LALIT AGARWAL	00109920	Director	190,000	
ROMIL AGARWAL	00586202	CEO	370,000	
RAMESH KUMAR BISS	00586715	Director	0	
PARVEEN GUPTA	00180678	Director	0	
PRIYANKA KUMARI	CGXPK9616D	Company Secretar	0	
RACHITA GOYAL	AMTPG2056P	CFO	0	
SHUCHITA AGARWAL	00727700	Director	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Name	beginning / during	ichange in designation/	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	1
-------------------------	---

Type of meeting	Date of meeting			% of total shareholding
ANNUAL GENERAL MEETI	30/09/2019	335	13	53.53

B. BOARD MEETINGS

*Number of meetings held	7	
--------------------------	---	--

S. No.	Date of meeting	Total Number of directors associated as on the date of meeting	Number of directors	Attendance % of attendance
1	30/03/2020	5	3	60
2	13/02/2020	5	5	100
3	13/11/2019	5	5	100
4	05/09/2019	5	3	60
5	13/08/2019	5	5	100
6	18/07/2019	5	3	60
7	28/05/2019	5	5	100

C. COMMITTEE MEETINGS

Number of meetings held 6

S. No.	Type of meeting	Date of meeting	Total Number of Members as		Attendance
		Date of meeting	on the date of the meeting	Number of members attended	% of attendance
1	INDEPENDEN	28/05/2019	2	2	100
2	AUDIT COMM	28/05/2019	3	3	100
3	AUDIT COMM	13/08/2019	3	3	100
4	AUDIT COMM	13/11/2019	3	3	100

S. No.	S. No. Type of meeting Date of meeting		Total Number of Members as	Attendance		
	, and the second			Number of members attended	% of attendance	
5	AUDIT COMM	13/02/2020	3	3	100	
6	NOMINCATIO	30/09/2019	3	3	100	

D. *ATTENDANCE OF DIRECTORS

			Board Meetings		Co	Whether attended AGM			
S. No.	of the director	Number of Meetings which director was	Meetings	0/2 Of	Number of Meetings which director was	Number of Meetings	% of attendance	held on	
		entitled to attend	attended		entitled to attend	attended	allendance	30/09/2020	
								(Y/N/NA)	
1	LALIT AGARV	7	7	100	6	6	100	Yes	
2	RAMESH KUN	7	7	100	6	6	100	Yes	
3	PARVEEN GL	7	5	71.43	6	5	83.33	Yes	
4	SHUCHITA A	7	7	100	6	6	100	Yes	

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

0

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						

Number of CEO, CFO and Company secretary whose remuneration details to be entered

3

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	ROMIL AGARWAL	CEO	1,200,000	0	0	0	1,200,000
2	RACHITA GOYAL	CFO	300,000	0	0	0	300,000
3	PRIYANKA KUMAR	COMPANY SEC	439,328	0	0	0	439,328
	Total		1,939,328	0	0	0	1,939,328

Number of other directors whose remuneration details to be entered

0

S. No.	Name	D	esignation	Gross Sa	alary	Commission		k Option/ at equity	Others	Total Amount
1										0
T	otal									
* A. Wheth provis B. If No,	ner the compa ions of the Co give reasons TY AND PUN S OF PENALT	any has mad ompanies Ad dobservation	be complianced to the compliance of the complian	s and disclosing the year EREOF OSED ON C	sures in	respect of app NY/DIRECTOR of the Act and under which	RS /OFFICE	ERS ⊠ penalty/	No No No Details of appropriate the second s	
company/ officers	directors/ Au	ıthority	OF OFFENCE		penalis	ed / punished	punishme	ent	including pre	esent status
Name of th company/ officers		ame of the c oncerned uthority		f Order	sectio	of the Act and n under which e committed	Particula offence	ars of	Amount of Rupees)	compounding (in
	Yes	○ No				as been enclo			nt	
In case of	a listed comp	any or a cor	npany having	paid up sha	re capit	SE OF LISTED al of Ten Crore ne annual retur	rupees or	more or tu	rnover of Fifty	Crore rupees or
Name			YASHAWAN	Γ GUPTA &	ASSO	CIATES				
Whethe	r associate oi	fellow	•	Associat	e ()	Fellow				
Certific	ate of practic	e number	1	5119						

I/We certify that: (a) The return stat

(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.

(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

Dec	lara	tion
Dec	ıaıa	LIOII

I am Authorised by the Board of Directors of the company vide resolution no. ..

[04] dated [30/09/2020]

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder

(DD/MIN/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

To be digitally signed by

Director	LALIT AGARWAL DE 13	Itally signed by I.T AGARWAL e: 2020.12.28 33.41 +06'30'		
DIN of the director	0010992)		
To be digitally signed by	YASHWAN DI T KUMAR G GUPTA IS	Itally signed by SHWANT KUMAR PTA = 2020.12.28 E.26.405307		
Company Secretary				
Company secretary in p	ractice			
Membership number	5154	Certificate of	of practice number	15119
Attachments				List of attachments
1. List of share ho	olders, debenture h	olders	Attach	List of Shareholders Sophia 2020.pdf
2. Approval letter	for extension of AC	sM;	Attach	MGT-8 SOPHI 2020-signed.pdf
3. Copy of MGT-8	3;		Attach	
4. Optional Attacl	nement(s), if any		Attach	
				Remove attachment
Mod	dify	Check Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company